

PRIVACY POLICY

Updated October 21, 2025

This policy (together with our terms of website use Terms of Use and any other documents referred to on it) sets out the basis on which we Growing Harmony Within, will process any personal data we collect from you, or which you provide to us, in the course of using our site growingharmonywithin.com ("site").

YOUR INFORMATION

When you use our site, there are a number of ways in which you provide information and other data to us. By using the site, you consent to us processing and collecting this data, on the terms and for the reasons which are explained below.

HOW YOUR INFORMATION IS USED

We may use your information to:

- send you our newsletters from time to time.
- ensure that content from our site is presented in the most effective manner for you and for your computer.
- provide you with information, products or services that you request from us or which we feel may interest you, where you have consented to be contacted for such purposes.
- carry out our obligations arising from any contracts entered into between you and us.
- allow you to participate in interactive features of our service, when you choose to do so.
- notify you about changes to our service.

If you do not want us to use your information for marketing purposes, contact us directly by using our contact form: <https://growingharmonywithin.com/ContactForm.html>

Please note that if you click on, or follow, any links from our site to external websites, our privacy policy will no longer apply. Please check the privacy policies of any such external site before submitting any personal data, as we cannot accept any responsibility or liability in relation to them.

We do not store the credit or debit card details of any of our customers.

DATA STORAGE

All information you provide to us is stored on our secure servers. Any payment transactions will be encrypted using SSL technology.

We take your privacy very seriously, and will take all reasonable steps to protect your personal data, but please be aware that any data which you send to our site is sent at your own risk.

The data that we collect from you may be transferred to, processed and/or stored at a destination outside the U.S. By submitting your personal data, you agree to this. We will take all

reasonable steps to ensure that your data is treated securely and in accordance with this privacy policy.

DISCLOSURE OF YOUR INFORMATION

We may disclose your personal information to any of our group companies (which means our subsidiaries, our ultimate holding company and its subsidiaries) and also to third parties in the following circumstances: -NONE

to any prospective seller or buyer of all (or part of) our business or assets;
if we are required to do so by law, any applicable regulation or to protect the rights, property, or safety of ourselves or others. This may include disclosing to other companies and organizations in connection with fraud protection and credit risk reduction.

ONLINE PRIVACY PROTECTION ACT COMPLIANCE

To access or use the Site, you must be 18 years old or older and have the requisite power and authority to enter into this Privacy Policy. We do not knowingly collect or solicit data online from or market online to children under the age of 18.

CHANGES TO THIS POLICY

You acknowledge and agree that you have reviewed this Site and this Privacy Policy and that you will continue to review to be aware of any modifications. Any changes to this Policy will be updated on this page.